SONIX

Training Program





SONIC WORLD Co., Ltd

131, Donghwa gongdan-ro, Munmak-eup, Wonju-si, Korea 220-878 Tel. +82-33-813-1813, Fax. +82-33-744-3325 E-mail: sales@sonicworld.kr www.sonicworld.kr SONIX www.sonicworld.kr

"Sonic wave vibration exercise system"

- Rehabilitation & Silver
- Aesthetic
- Fitness & Sports

Stimulation Area per Frequency(Hz)

3Hz whole body exercise

3HZ	Whole body exercise	
4Hz	arms, shoulders	
5Hz	chest, shoulders	
6Hz	shoulders, back	
7Hz	hip, back, abdomen (Trunk)	
8Hz	abdomen, hip, thigh	
9Hz	hip, thigh, abdomen	
10Hz	waist, thigh(inner)	
11Hz	thigh(inner), prostate (male)	
12Hz	thigh, face	
13Hz	whole body(vertebra), face, knees	
14Hz	whole body(vertebra), shoulders, knees	
15Hz	thigh(front), calves, knees	
16Hz	thigh(front), calves, knees	
17Hz	abdomen, thigh(inner), pelvis(front)	
18Hz	whole body stimulation(stretching)	
19Hz	whole body stimulation(stretching)	
20Hz	whole body stimulation(stretching)	
21Hz	pelvis(side), sartorius, lower abdomen(female)	
22Hz	pelvis(side), sartorius, lower abdomen(female)	
23Hz	calves, thigh(back)	
24Hz	calves, thigh(back)	
25Hz	calves, thigh(back)	
26Hz~50Hz	entire upper muscle stimulation, neuromuscular training, BMD enhancement, rehabilitation training, muscle massage, circulation massage	





- Muscluloskeletal stimulation with body movement free
- Isokinetic, isometric, isotoning training
- Combination with various training equipments
- GX Training

Specification

	SW-VP13C	SW-VM10	SW-VH11	SW-VC12
Туре	Plate Type	Stand Type	Stand Type	Stand Type
Program	Auto mode, Manual	Auto mode, Manual	Auto mode, Manual	Auto mode, Manual
Frequency	3-50Hz	3-50Hz	4-50Hz	3-50Hz
Intensity	0-99	0-99	0-99	0-99
Allowable loaded weight	Max 300Kg	Max 130Kg	Max 130Kg	Max 250Kg
Power	100-240V, 50Hz/60Hz	100-240V, 50Hz/60Hz	100-240V, 50Hz/60Hz	100-240V, 50Hz/60Hz
Power consumption	200W	300W	200W	500W
sonic wave generator	150Φ × 2	150Ф	150Ф	150Φ × 2
Working temperature	40 ℃ (humidity 0~80%)	40°C (humidity 0~80%)	40 °C (humidity 0~80%)	40 ℃ (humidity 0~80%)
SIZE	1200X1100X190(mm)	700×820×1450(mm)	610×730×1490(mm)	900×910×1450(mm)
Weight	85Kg	45Kg	40Kg	80Kg
Color	Silver	Silver, White	Yellow	Silver

 $[\]ensuremath{\,\times\,}$ This specifications are subject to change at manufacturer's discretion without prior notice.

With SONIX for the people SONIX













SONIX

Vibroacoustic therapy system

SW-VB12



Sound Therapy for Relaxation & Healing

- Provide therapeutic health & wellness
- VAT system corresponding to brain wave, and results in well-cared conditions of relaxation and healing
- Stress management
- Deep physical & mental harmony
- Revitalization
- More energy
- Quality of life
- Ergonomic design
- Into the Peace

- Stimulation of body cells to stabilize mind & body
- Selected sound wave delivers more deeper, and the cells in the body comes to be a cured condition eaisly.
- In-depth relaxation
- Better sleep

Lower Body Vibration & Far Infrared

Sauna System

Elimination of waste matter & toxin from the body

SW-VB12

Thermal effect by using far infrared ray

Contrary to normal heat, far infrared ray enetrates into the thick skin and stimulates etabolism through self-heating, helps to liminate harmful metals accumulated in body for diet effect, delays aging.



Sonic wave vibration effects

trary to the existing revolving way, this new ncept sonic wave vibration by using lectromagnetic field & vibration principle of peaker let precise vertical sonic wave vibration reach to the body and helps to strengthen the musclular strength which can hardly stimulate impetus in ordinary ways, to increase bone

Tourmaline is equipped in the bottom



- Tourmaline helps blood circulation by reacting with blood cells in body and decomposes harmful active oxygen which is a cause of aging.
- Tourmaline discharges anion and releases body ension, helps to stabilize mind & body. Fourmaline contains minerals such as natrium,
- magnesium, iron, lithium & boron and when it is contacted with body, it delivers beneficial

Foothold for foot acupressure treatment is equipped in the bottom



oothold for foot acupressure treatment is equipped in the bottom and helps blood circulate to tiptoe.

Use red cedar from Canada Red cedar is strong against heat & humidity and it has excellent

effects of humidification & phytoncide

Program

Specification

Frequency	3-50Hz
Intensity	0-99
Allowable loaded weight	Max 100Kg
Power	100-240V, 50Hz/60Hz
Power consumption	900VV
sonic wave generator	110Ф
Working temperature	40°C (humidity 0~80%)
SIZE	600×1100×760(mm)
Weight	85Kg
Hardwood	Red cedar from canada

Auto mode, Manual

* This specifications are subject to change at manufacturer's discretion without prior notice.

Effect

Fatigue recovery

· Diet effect

- Stimulate metabolism
- Eliminate body waste & toxin
- Relieve insomnia & hangover
- Improve woman's diseases

Antibacterial function

Sonic Wave Tilting Table System

SW-VB12



Effective & Stable Sonic Wave Training

- Fast recovery for the brain damaged patients
- Pain control and rehabilitation after surgery
- Rehabilitation effects according to tilting angles $(0 \sim 90 \text{ degree})$
- Rehabilitation exercise for neuroplasticity
- Vibration rehabilitation & visual biofeeback
- stimulation of the cells, not only in musculoskeletal also in auditory & visual organs, combined vibration and cognitive therapy

Sonic Wave Vibration Gait Training System

SW-VB12



Stable & Safe Gait Training

- Vibration gait training & rehabilitation after surgery
- Stimulation for degenerated articulation, ligament, and tendon
- Rehabilitation exercise for neuroplasticity
- Balance Training by neuromuscular stimulation

Specification

Frequency	3-50Hz
Intensity	0-99
Loaded Weight	200Kg
Power	100-240V, 50Hz/60Hz
Power consumption	200W
Sonic wave generator	150 <i>φ</i> × 2
Size	3000(W)×800(L)×750~1050(H)mm
Weight	220Kg

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Specification

3-50Hz
0-99
100-240V, 50Hz/60Hz
250W
150
2100×700×800(H)(mm) / 125Kg
0-90°

For patients who are unable to stand without support

- Dementia, Alzheimer, Cerebral palsy, Paralized patients, patients after surgery

^{**} This specifications are subject to change at manufacturer's discretion







